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**Master's Thesis**

Verbenone, a major compound of rosemary hydrosol inhibits  
melanogenesis and oxidative stress in B16F10 mouse  
melanoma cell

**Deok Hyeon Jeon**

**Department of Biotechnology**

**Graduate School**

**Jeju National University**

**December, 2013**

로즈마리 하이드로졸의 주요성분인 verbenone 에 의한  
mouse 흑색종 세포주인 B16F10 세포에서의  
melanogenesis 와 oxidative stress 억제 효능

지도교수 김 소 미

전 덕 현

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심사위원장 이 등 선

위 원 김 소 미

위 원 조 운 제



제주대학교 대학원

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Verbenone, a major compound of rosemary hydrosol inhibits  
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**Deok Hyeon Jeon**

(Supervised by Professor Somi Kim)

A thesis submitted in partial fulfillment of the requirement for the  
degree of Master of Biotechnology

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This thesis has been examined and approved.

Pongsun Lee

Somi Kim Cho

Moonjae Cho

Dec. 11. 2013

Depart of Biotechnology

Graduate School

Jeju National University

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## ABSTRACT

In the present study, we investigated the effect of verbenone, an active compound present in *Rosmarinus officinalis* L. hydrosol extract, on melanin synthesis and the molecular mechanism of melanogenesis in B16F10 mouse melanoma cells. The cellular melanin content and tyrosinase activity of the 2.5 mM verbenone-treated cells were significantly reduced below the levels of the kojic acid- treated cells, consistent with suppression of melanin biosynthesis by verbenone via inhibition of tyrosinase activity. Also verbenone inhibits the expression of melanogenesis-related proteins including MITF (Microphthalmia-associated transcription factor), tyrosinase and tyrosinase-related protein (TRP)s in  $\alpha$ -MSH ( $\alpha$ -melanocyte-stimulating hormone)-stimulated B16F10 cells. Moreover, the phospho-Akt was significantly enhanced but phospho-p38 MAPK was reduced and no effect phospho-ERK. Furthermore, the ROS generation submitted to an oxidative stress by H<sub>2</sub>O<sub>2</sub> treatment was completely inhibited by pre-treatment of verbenone, which is consistent with the increase in mRNA level of super oxide dismutase (SOD), catalase (CAT) and glutathione peroxidase (GPx) in B16F10 cells. These data suggest that verbenone inhibits melanogenesis signaling by both inhibiting the expression of melanogenesis protein and activating the Akt signal pathways-mediated suppression of MITF and its downstream signal pathway, including tyrosinase and TRP-1 and TRP-2. Therefore, verbenone would be a useful therapeutic agent for treating hyperpigmentation and can be applicable for cosmetics as skin-whitening agents.

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## 1. Introduction

Melanins are broad class of functional macromolecules found throughout nature (1). Melanin is an antioxidant, a free radical scavenger and has an affinity for drugs, and other chemical substances. Because of these properties, melanin efficiently filters toxic substances and protects tissues from oxidative and chemical stress. However, with chronic exposure to toxic substances the properties of melanin change so that under severe oxidative stress and binding of excessive amount of toxins, melanin itself may induce damage to cells (2). In addition, the melanin bound drug forms a depot that releases the drug over a long period and increases the level of noxious substances stored on melanin, what may cause degeneration in the melanin-containing cells (especially in the eye, ear, skin, and brain) and surrounding tissues (3).

In mammals, melanogenesis is directly regulated by three enzymes, tyrosinase, tyrosinase-related protein-1 (TRP-1) and TRP-2 (4,5). Tyrosinase is regarded as the rate-limiting enzyme of melanogenesis. It plays a pivotal role in the modulation of melanin production by catalyzing the hydroxylation of tyrosine into 3,4-dihydroxyphenylalanine (DOPA) and the further oxidation of DOPA into DOPAquinone by tyrosinase (6). TRP-2, which functions as a DOPochrome tautomerase, catalyzes the rearrangement of DOPochrome to 5,6-dihydroxy-indole-2-carboxylic acid (DHICA) (7), whereas TRP-1 oxidizes DHICA to a carboxylated indole-quinone (8). Microphthalmia-associated transcription factor (MITF) is known to be the master regulator of melanocyte differentiation, pigmentation, proliferation and survival (9). It is a major transcriptional regulator of the tyrosinase family genes TYR, TYRP-1 and TYRP-2 responsible for pigmentation.

Recently, the inhibition of the extracellular signal-regulated kinase (ERK) signaling was reported to induce hyperpigmentation by increasing the tyrosinase activity, suggesting that the activation of ERK signaling down-regulates melanogenesis by inhibiting the tyrosinase activity (10-12). In addition, activation of the Akt signaling plays a key role in inhibiting melanogenesis(13-14). Recent investigations suggest that p38 MAPK positively contributes to pigmentation(15-17). The activation of p38 MAPK pathway induces MITF expression (18-20) and promotes the transcription of tyrosinase (21). Some Chinese medicines such as San-bai-tang and Qian-wang-hong-bai-san, the Chinese herbal formulae, have been reported to have anti-melanogenic activity via inhibiting the p38 MAPK signaling pathway (22,23).

In an effort to inhibit the activity of tyrosinase, many different types of tyrosinase inhibitors have been developed via either synthesis or isolation from natural sources (24,25). These compounds are applicable for cosmetics as skin-whitening agents and also as drugs for use in the treatment of pigmentation disturbances (26,27). Despite the enormous amount of research conducted thus far into the development of new whitening agents, the use of existing agents is rather limited, owing to high toxicity, low stability, poor skin penetration, and insufficient activity (28). Kojic acid has been demonstrated to produce hepatocytotoxicity, skin cancer, and contact dermatitis in a few clinical trials and therefore has been banned as a cosmetic ingredient in many countries (29). Due to various safety concerns and the lower efficacy of commercially available depigmenting agents, the isolation and identification of new compounds from natural sources which prevent pigment disturbances have attracted much interest.

Reactive oxygen species (ROS) and free radicals are associated with several diseases, such as inflammation (30) and age-related diseases (31). ROS-induced damage on the skin and UV

stress plays an important role in photoaging (32). It has been found that antioxidants can interfere with oxidation processes by acting as free radical scavengers or ROS scavengers or by chelating oxidation-catalytic metals. Therefore, numerous natural antioxidants or antioxidant supplements have been used to reduce oxidative damage in the human body. However, some synthetic chemical antioxidants, such as tert-butyl hydroxyanisole (BHA) and tert-butyl hydroxytoluene (BHT), have been reported to show carcinogenic effects in humans (33). Thus, numerous studies on plant-derived antioxidants have been conducted during the past decade. Moreover, it was found that melanogenesis produces hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) and ROS, which place melanocytes under high-grade oxidative stress. It is well known that some ROS scavengers and inhibitors of ROS generation may down-regulate UV-induced melanin production (34). Therefore, inhibitors of melanogenesis, antioxidants, and ROS scavengers have been increasingly applied to skin care products for the prevention or treatment of undesirable skin hyperpigmentation.

The *Rosmarinus officinalis* L. (rosemary) genera belong to the family Lamiaceae. Among the plants known for medicinal value, rosemary plants are highly regarded for their therapeutic potentials. *Rosmarinus officinalis* L. extracts offer promise as biologically active constituents, in that they confer antibacterial(35-38), antifungal(37-39), anticancer(40-42), reduce blood cholesterol concentration(43) and antioxidant properties(35,36,40,43-45). Hydrosols, also known as floral water, distillate water or aromatic water, are the co-products or the byproducts of hydro- and steam distillation of plant material. Hydrosols are quite complex mixtures containing traces of the essential oil and, of course, several water-soluble components as well. They have practically been used as a beverage for a long time in many areas (46-48). Main advantages of hydrosols are that they are easy and inexpensive to

produce and they do not have any health hazard for the human as is the case for essential oils. However, there are few studies on effects of rosemary hydrosols although there are a few investigations on the antifungal activity of some spice hydrosols (49).

In this study we show the compositional analysis of rosemary hydrosol and the biological activities of verbenone, a major component of rosemary hydrosol, on melanogenesis in B16F10 mouse melanoma cells. Although Song et al.(50), recently have reported that verbenone possesses antioxidant activities(51), to date there has been no attempt to test the action of verbenone in melanocytes. To our knowledge, this study is the first to show the inhibitory activity of verbenone on the melanogenesis signaling pathways, including the expression of MITF, tyrosinase, TRP1 and TRP2, and the phosphorylation of p38, ERK and Akt.

## **2. Materials and methods**

### **2. 1. Reagents**

Dulbecco's modified Eagle's medium (DMEM), trypsin/EDTA, fetal bovine serum(FBS), Dimethyl sulfoxide (DMSO) and MTT were from amresco (Vleveland, OH, USA), (1S)-(-)-verbenone, L-DOPA-(ring-d3),  $\alpha$ -Melanocyte stimulating hormone( $\alpha$ -MSH) and  $\beta$ -actin antibodies were purchased from Sigma Chemical Co. (St Louis, MO, USA). TRP-1, TRP-2, Tyrosinase and MITF Antibodies were purchased from (Santa Cruz Biotechnology, Inc., Santa Cruz, CA, USA). All other chemicals and reagents were purchased from Cell Signaling Technology (Beverly, MA, USA) and Invitrogen Gibco (Grad Island, NY, USA).

### **2. 2. Cell culture**

Mouse melanoma B16F10 cell was kindly provided Nam-Ho Lee by professor in the Department of Chemistry, Jeju University, Korea. B16F10 cell was cultured in Dulbecco's Modified Eagle's Medium (DMEM) containing 10% (v/v) heat inactivated Fetal Bovine Serum (FBS), 100 units/ml penicillin, and 100  $\mu$ g/ml streptomycin. Cell was maintained in a humidified incubator at 37  $^{\circ}$ C in a 5% CO<sub>2</sub> atmosphere.

### **2. 3. Gas Chromatography-Mass Spectrometry (GC-MS)**

The volatile chemical compounds in the *rosmarinus officinalis* L. hydrosol were analyzed using a Shimadzu GC-MS (Model QP-2010, Shimadzu Co., Kyoto, Japan). An Rtx-5MS capillary column with 30 m length and 0.25 mm inner diameter with a 0.25  $\mu$ m thick film was used. Ionization of the

test hydrosol (1  $\mu$ l) was performed in the EI mode (70 eV)

#### **2. 4. Cell viability**

The effect of the verbenone on the viability of B16F10 cell lines was determined using an MTT-based assay(52). Briefly, exponential-phase cells were collected and transferred to a 96-well plate ( $2 \times 10^4$  cell/ml). The cells were then incubated for 24 h, 48 h and 72 h with various concentrations of the verbenone. Afterwards, 0.1 mg of MTT (Amresco, Cleveland, OH, USA) was added to each well, and incubated at 37 °C for 4 h. The medium was carefully removed and DMSO (150  $\mu$ M) was added to each well to dissolve the formazan crystals. The plates were area immediately at 570 nm on a Sunrise microplate reader (Sunrise, Tecan, Salzburg, Austria). The percentage of cell viability was calculated based on the following formula: mean value of (control group – treated group/control group)  $\times$  100%. All results were assessed in triplicate for each concentration.

#### **2. 5. Melanin content**

Melanin content determination The melanin content of cells was determined using the method described(53) with some modifications. Briefly,  $2 \times 10^4$  cells were seeded onto 100-mm dish and incubated overnight. After incubation, the medium was replaced with sample containing medium and incubated for 24 h, 48 h and 72 h. The medium was then removed, and the cells were washed twice with phosphate- buffered saline (PBS) and collected by trypsination using 0.25% trypsin/0.02% EDTA. The collected cells were pelleted and dissolved in 1% Triton X (Sigma) in PBS by sonication. The synthesized melanin was then precipitated

in 10% trichloroacetic acid (TCA) (Wako Pure Chemical Industries, Ltd., Osaka, Japan) in milliQ water and dissolved by incubation in 2 N NaOH for 1 h at 80 °C. The absorbance of the solution was measured at 410 nm. The results were expressed as percentage of control.

## **2. 6. Intracellular tyrosinase activity**

The tyrosinase activity was estimated by measuring the rate of dopachrome formation of L-DOPA (54). The cells grown in six-well dishes were treated with 20 nM  $\alpha$ -MSH or /and 0-2.5 mM verbenone for 24 h, 48 h and 72 h in DMEM. The cells were then washed in ice-cold PBS and lysed in 500  $\mu$ l of phosphate buffer (0.1 M, pH 6.8) containing 1% (w/v) Triton X-100. The cellular extract was clarified by centrifugation at 13 000 g for 25 min. The tyrosinase substrate, L-DOPA (2 mg/ml), was prepared in the same phosphate lysis buffer. Two hundred microliters of each extract was placed in a 96-well plate and the enzymatic assay was commenced by adding 2  $\mu$ l of a L-DOPA solution at 37 °C. Control wells contained in 198  $\mu$ l of lysis buffer and 2  $\mu$ l of a L-DOPA solution. After incubation, dopachrome formation was assayed by measuring absorbance at 405 nm was read every 10 min for at least 1 h at 37 °C using an ELISA reader. The value of each measurement was expressed as percentage changes form the control.

## **2. 7. Mushroom tyrosinase activity**

A cell-free assay system was used to investigate the direct effects of 0-2.5 mM verbenone on tyrosinase activity(55). Briefly, 100 ml of phosphate buffer containing compound was mixed with 10 unit mushroom tyrosinase, and 50 ml of 0.03% tyrosine in deionized water was then



added. After incubation at 37 °C for 10 min, absorbance was measured at 475 nm using an ELISA reader..

## **2. 8. Cellular fraction and immunoblot analysis**

After treatment with various concentration of Verbenone and/or  $\alpha$ -MSH, the B16F10 cells were collected and washed twice with cold PBS. The cells were then lysed in lysis buffer (50 mM Tris-HCl, pH 7.5, 150 mM NaCl, 1% Nonidet P-40, 2 mM EDTA, 1 mM EGTA, 1 mM NaVO<sub>3</sub>, 10 mM NaF, 1 mM DTT, 1 mM PMSF, 25  $\mu$ g/ml aprotinin, and 25  $\mu$ g/ml leupeptin) and kept in ice for 30 min. The lysates were centrifuged for 30 min at 13,000 rpm and 4 °C, and the supernatants were stored at -70 °C until use. Cytosolic and mitochondrial extracts were prepared using the fraction lysis buffer (75 mM NaCl, 8 mM Na<sub>2</sub>HPO<sub>4</sub>, 1 mM Na<sub>2</sub>H<sub>2</sub>PO<sub>4</sub>, 250 mM sucrose, 1 mM EDTA, 350  $\mu$ g/ml digitonin). After lysed the cell, kept in ice for 10 min then centrifuged for 15 min at 15,000 rpm and 4 °C. The supernatants were cytosolic fraction. After pellet washed by lysis buffer, pellets were lysed in lysis buffer same as make whole lysates. The protein concentration was measured using a bicinchoninic acid (BCA) protein assay kit (Pierce, Rockford, IL, USA). Aliquots of the lysates (30–60  $\mu$ g of protein) were separated via 10–15% SDS-PAGE and transferred onto a polyvinylidene difluoride (PVDF) membrane (Millipore, Billerica, MA, USA) using a glycine transfer buffer (192 mM glycine, 25 mM Tris-HCl, pH 8.8, and 20% methanol, v/v). After blocking with 5% nonfat dried milk, the membranes were incubated for 4 h with primary antibodies, followed by an additional 30 min of incubation with secondary antibodies in milk containing Tris-buffered saline (TBS) and 0.1% Tween 20. Mouse anti-TRP-1, TRP-2, Tyrosinase, MITF,

ERK, p-ERK, Akt, p-Akt, p38, p-p38 and actin antibodies were used at a 1:1,000 dilution as the primary antibodies, and horseradish peroxidase-conjugated anti-mouse or rabbit IgG Cell Signaling Technology (Beverly, MA, USA). at a 1:5,000 dilution was utilized as the secondary antibody. The membrane was then exposed to X-ray film. Protein bands were detected using the WEST-ZOL<sup>®</sup> plus western blot detection system (Intron, Gyeonggi-do, Korea).

## **2. 9. RT-PCR analysis**

Total RNA was isolated from cells using the TRIzol reagent (Invitrogen) according to the manufacturer's instructions. Reverse transcription was carried out using the reverse transcription system (Promega). PCR primers for amplification were as follows: of TRP-1, forward 5'-AAG ACG CTG CAC TGC TGG-3', reverse 5'-GCT GCA GGA GCC TTC TTT CTC-3'; of TRP-2, forward 5'-AAG AAA GGA ACC AUG UUG UAC AUC C-3', reverse 5'-GGA TGA CCG TGA GCA ATG GCC-3'; of Tyrosinase, forward 5'-TGG TGC TTC ATG GGC AAA ATC-3', reverse 5'-CGG TTG TGA CCA ATG GGT GCC -3'; of MITF, forward 5'-GTA TGA ACA CGC ACT CTC GAG C-3', reverse 5'-CTT CTG CGC TCA TAC TGC TC-3'; of SOD (Cu/Zn Mn), forward 5'- TTA ACT GAA GGC CAG CAT GGG-3', reverse 5'-ATC ACT CCA CAG GCC AAG CGG-3'; of GPx1(Glutathione peroxidase 1), forward 5'-CTC GGT TTC CCG TGC AAT CAG-3', reverse 5'- GTG CAG CCA GTA ATC ACC AAG-3'; of CAT(Mus musculus catalase), forward 5'-TCT GCA GAT ACC TGT GAA CTG-3', reverse 5'-TAG TCA GGG TGG ACG TCA GTG-3'.; of GAPDH, forward 5'-GAA GGT GAA GGT CGG AGT C-3', reverse 5'-GAA GAT GGT GAT GGG ATT TC-3'. PCR was performed using Taq polymerase (iNtRON Biotechnology Inc.). PCR was initiated by

incubating the samples at 95 °C for 5 min, followed by 35 cycles of 1 min denaturation at 95 °C, 1 min annealing at 57 °C and 1 min elongation at 72 °C. Samples were analyzed by electrophoresis on 1% agarose gels containing 0.002% nucleic acid staining solution (RedSafe™; Biotechnology Inc., Seoul, South Korea).

## **2. 10. Determination of ROS generation and Fluorescence microscope**

Cellular ROS were quantified using the dichlorofluorescein (DCFH) assay (56), in which the esterified form of DCFH-DA diffuses through the cell membrane and is enzymatically deacetylated by intracellular esterases. The resulting compound, DCFH, is reactive with ROS to give an oxidized fluorescent compound, DCF(57). B16F10 cultures were pre-treated with verbenone for 30 min, and then the cultures were washed twice and incubated with 200 μM H<sub>2</sub>O<sub>2</sub> for 4 h. DCFH-diacetate was added to the culture plates at a final concentration of 25 μM, and DCF- fluorescence was detected over a period of 30 min at 37 °C. Cells were then harvested, washed twice with phosphate-buffered saline (PBS), re-suspended in 500 μl of PBS and analyzed by FACS. The fluorescence microscope experiment consisted of the loading of cells with DCF-DA before exposure as described in the above experiment(56). Cells were examined using a fluorescence microscope (Olympus IX73, Japan) with 485 nm excitation and 530 nm emission wavelength.

## **2. 11. Statistical analysis**

All results are expressed as means ± standard deviation (SD). One-way analysis of variance (ANOVA) using SPSS v 20.0 software package was applied. A difference at  $p < 0.05$

and 0.01 was considered to be statistically significant. All assays were performed in triplicate.

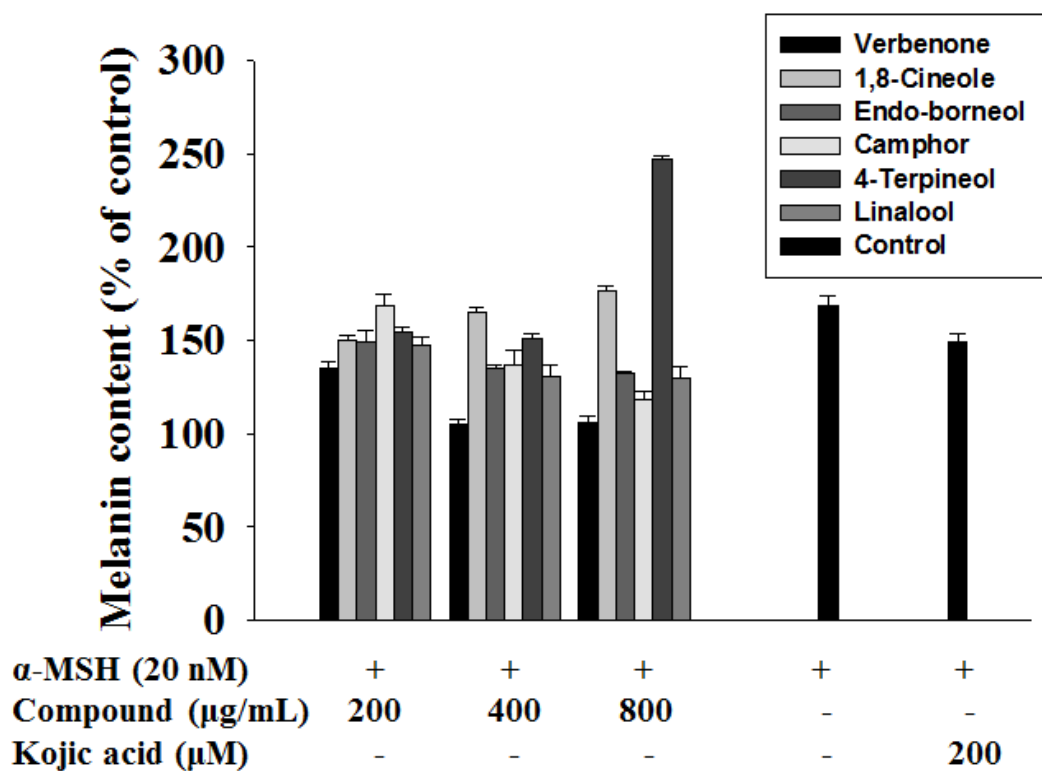
### 3. Results

#### 3. 1. Effect of the components of *Rosmarinus officinalis* L. hydrosol on melanin content

The chemical composition of *Rosmarinus officinalis* L. hydrosol was analyzed by GC-MS with the results shown in Table 1. The major components in the hydrosol are verbenone (45.31%) which consist of 1,8-Cineole (28.57%), endo-Borneol (8.77%), Camphor (5.57%), 3-Cyclohexene-1-methanol (4.95%), 4-Terpineol (3.46%), Linalool (3.37%). To identify an active compound(s) in *Rosmarinus officinalis* L. hydrosol that inhibits melanogenesis activation, compound was melanin content assay (Fig. 1). The verbenone of *Rosmarinus officinalis* L. hydrosol strongly reduced melanin content in B16F10 cell.

**Table 1 Composition of rosemary hydrosol from Jeju Island.**

<b>Name</b>	<b>Retention time</b>	<b>Area %</b>
1,8-Cineole	15.564	28.57
Linalool	19.106	3.37
Camphor	21.302	5.57
endo-Borneol	22.405	8.77
4-Terpineol	22.976	3.46
3-Cyclohexene-1-methanol,	24.294	4.95
Verbenone	24.572	45.31

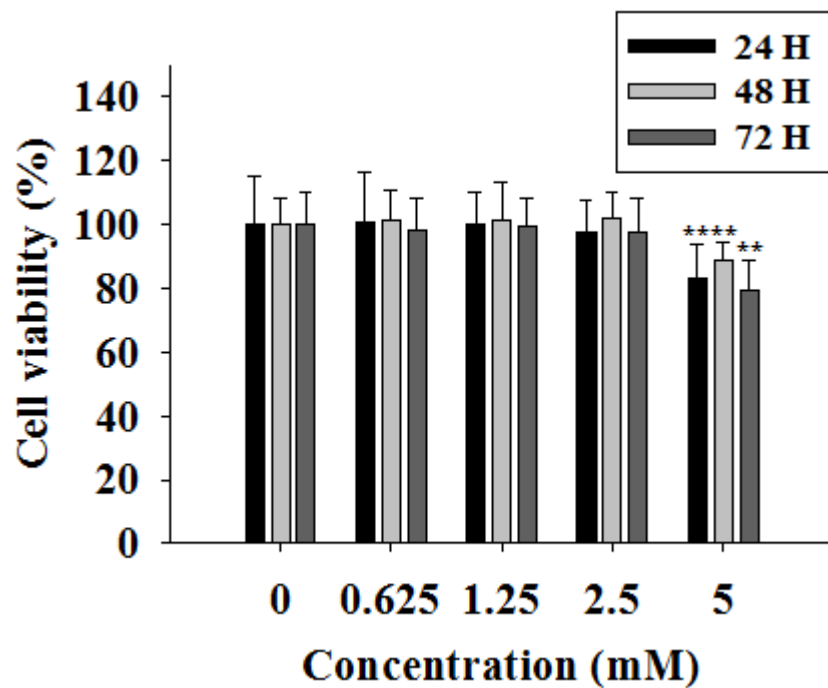


**Figure 1. Effect of the components of *Rosmarinus officinalis* L. on cellular melanin synthesis in B16F10 cells.** The cells were treated to  $\alpha$ -MSH (20nM) in the presence of *Rosmarinus officinalis* L. hydrosol compounds (0-800  $\mu\text{g/mL}$ ) or kojic acid (200mM) for 72 h. The cellular melanin content were determined and are reported as percentages. Each percentage in the treated cells is reported relative to that in the control cells. kojic acid was used as a positive control for tyrosinase inhibition.

### **3.2. Effect of verbenone on cell viability in B16F10 cells**

The effect of the verbenone on the viability of B16F10 cell lines was determined using an MTT-based assay(52). Briefly, exponential-phase cells were collected and transferred to a 96-well plates ( $2 \times 10^4$  cell/ml). The cells were then incubated for 24 h, 48 h and 72 h with various concentrations (0-5mM) of the verbenone. Verbenone exhibited no cytotoxic effect on B16F10 cells at concentrations ranging from 0 to 2.5 mM (Fig. 2).

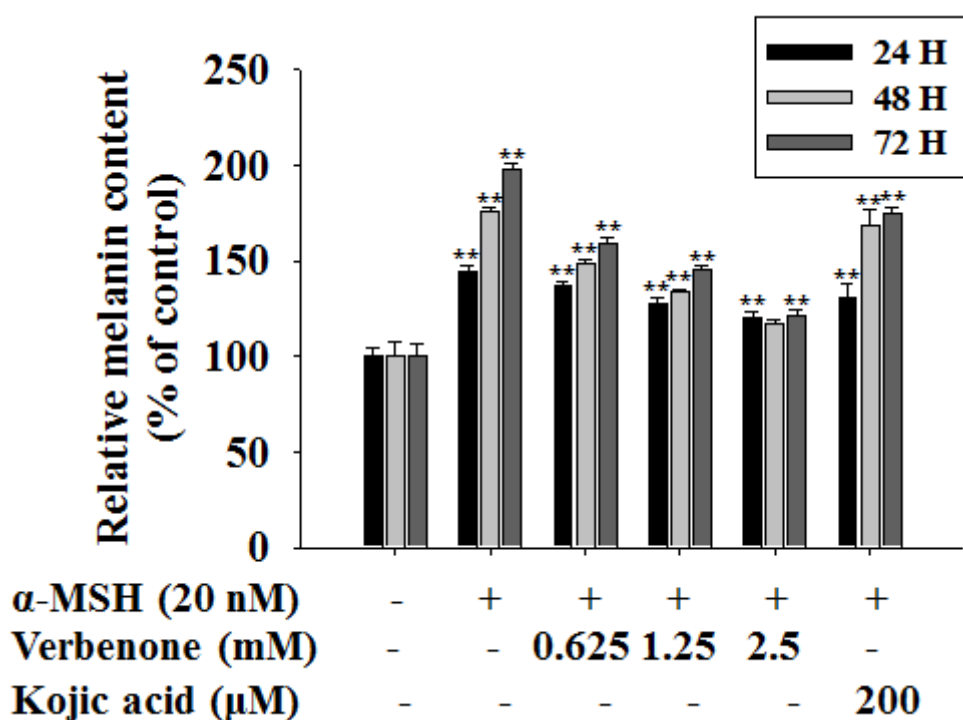




**Figure 2. Effect of verbenone on cell viability in B16F10 cells.** Cells were seeded, incubated for 24 h and then incubated with the indicated concentrations of verbenone for additional 72 h. Viability was determined on the basis of MTT reduction. B16F10 mouse melanoma cells were treated with increasing doses of verbenone for varying lengths of time (24-72 h). compared to the control. Values are the mean  $\pm$  SD of three independent experiments. \* $P$ <0.05, \*\* $P$ <0.01, compared to the control.

### **3.3. Effect of verbenone on melanin biosynthesis**

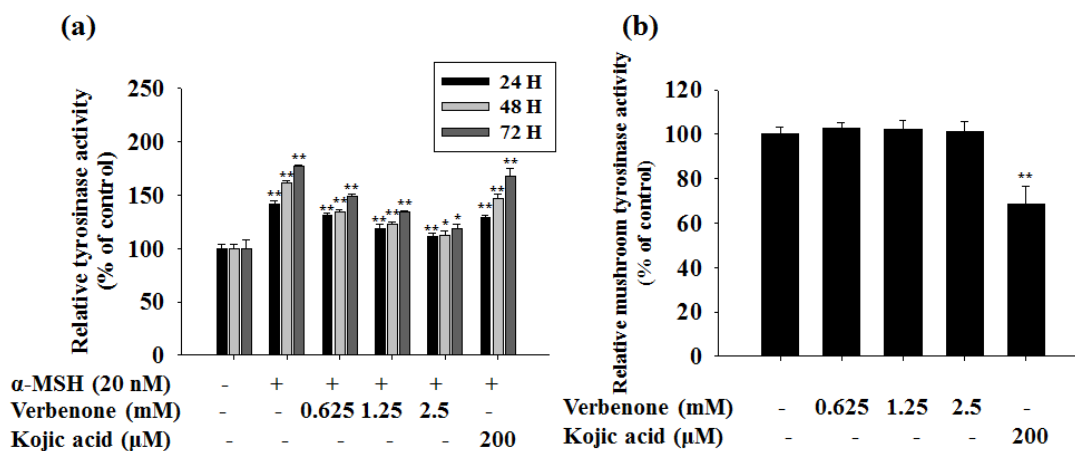
Melanin content determination The melanin content of cells was determined using the method described(53) with some modifications. Briefly,  $2 \times 10^4$  cells were seeded onto 100-mm dish and incubated overnight. After incubation, the medium was replaced with sample containing medium and incubated for 24 h, 48 h and 72 h. To determine the effect of verbenone on melanin synthesis, the cells were then exposed to 20 nM  $\alpha$ -MSH in the presence of 0-2.5 mM verbenone or 200  $\mu$ M kojic acid, which are representative tyrosinase inhibitors. As shown in Fig. 3, the cellular melanin content of the 2.5 mM verbenone-treated cells were significantly reduced below the levels of the kojic acid- treated cells.



**Figure 3. Effect of verbenone on cellular melanin synthesis in B16F10 cells.** The cells were treated to  $\alpha$ -MSH (20nM) in the presence of verbenone (0-2.5 mM) or kojic acid (200 mM) for 72 h. The cellular melanin content were determined and are reported as percentages. Each percentage in the treated cells is reported relative to that in the control cells. kojic acid was used as a positive control for tyrosinase inhibition. Values are the mean  $\pm$  SD of three independent experiments. \*  $P < 0.05$ , \*\*  $P < 0.01$ , compared to the control.

### **3.4. Effect of verbenone on cellular or cell-free system of the tyrosinase activity**

To determine the effect of verbenone on intracellular tyrosinase activity, the cells were then exposed to 20 nM  $\alpha$ -MSH in the presence of 0-2.5 mM verbenone or 200  $\mu$ M kojic acid, which are representative tyrosinase inhibitors. As shown in Fig. 4a, the cellular tyrosinase activity of the 2.5 mM verbenone-treated cells were significantly reduced below the levels of the kojic acid- treated cells. Consistent with verbenone suppression of melanin biosynthesis by B16F10 cells via inhibition of tyrosinase activity. To examine whether verbenone could affect tyrosinase activity in cell-free system, we compared verbenone with kojic acid and observed that verbenone was absolutely ineffective in suppressing mushroom tyrosinase activity (Fig. 4b). Results of our study apparently indicated that the inhibitory effect of verbenone on melanogenesis was not due to its direct inhibition of tyrosinase.

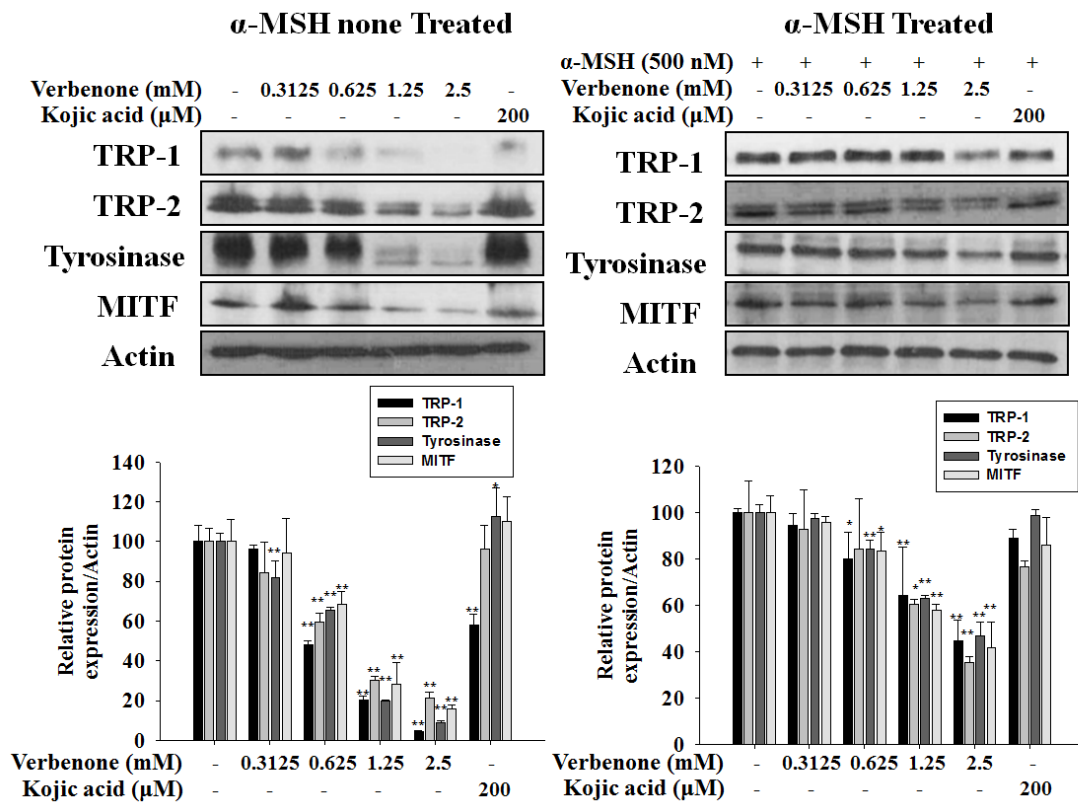


**Figure 4. Effect of verbenone on cellular or cell-free system of the tyrosinase activity.**

The cells were treated to  $\alpha$ -MSH (20 nM) in the presence of verbenone (0-2.5 mM) or kojic acid (200 mM) for 72 h. The cellular tyrosinase activity (a) were determined and are reported as percentages. Each percentage in the treated cells is reported relative to that in the control cells. The mushroom tyrosinase activity (b) was determined and is as percentages. kojic acid was used as a positive control for tyrosinase inhibition. Values are the mean  $\pm$  SD of three independent experiments. \* $P$ <0.05, \*\* $P$ <0.01, compared to the control.

### **3.5. Effect of verbenone on the levels melanogenesis protein in B16F10 cells**

To explore the mechanism responsible for the decreased pigmentation, the expression levels of TRP-1, TRP-2, tyrosinase and MITF were examined by Western blot(Fig. 5) . When cells are not treated with  $\alpha$ -MSH, the level of tyrosinase are dramatic decrease a verbenone 1.25 mM. treatment, whereas the level of TRP-1,-2, and MITF are gradually decrease in a concentration dependent manner. When cells are treated with  $\alpha$ -MSH, the level of TRP-1,2 Tyrosinase. MITF all decreased gradually on a dose dependent manner.

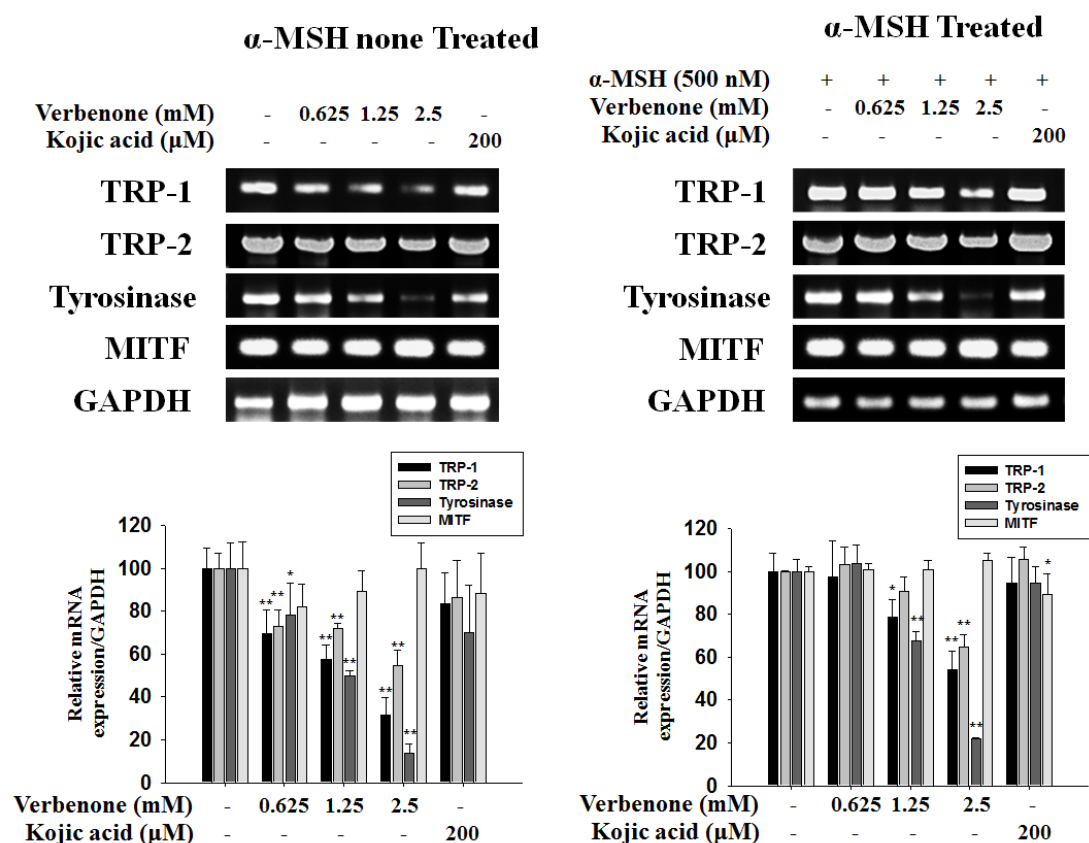


**Figure 5. Effects of verbenone on melanogenic protein level in B16F10 cells.** B16F10 cells were treated presence of verbenone (2.5 mM) or kojic acid (200 μM) and/or α-MSH (500 nM) in the for 72 h. The expression levels of the tyrosinase, TRP-1, TRP-2 and MITF proteins were determined by Western blot, respectively. The data represent at least three independent experiments. Relative density ratios of each protein over actin, respectively, are shown. Values are the mean ±SD of three independent experiments. \* $P < 0.05$ , \*\* $P < 0.01$ , compared to the control.

### **3.6. Effect of verbenone on the levels of melanogenic mRNA in B16F10 cells**

To explore the mechanism responsible for the decreased pigmentation, the mRNA expression levels of TRP-1, TRP-2, tyrosinase and MITF after verbenone treatment. As shown in Fig. 6, TRP-1, TRP-2, tyrosinase mRNA expressions were clearly reduced after verbenone treatment but the level of MITF mRNA was not changed. These results suggest that verbenone reduced melanin synthesis through protein degradation of MITF in B16F10 mouse melanoma cells.



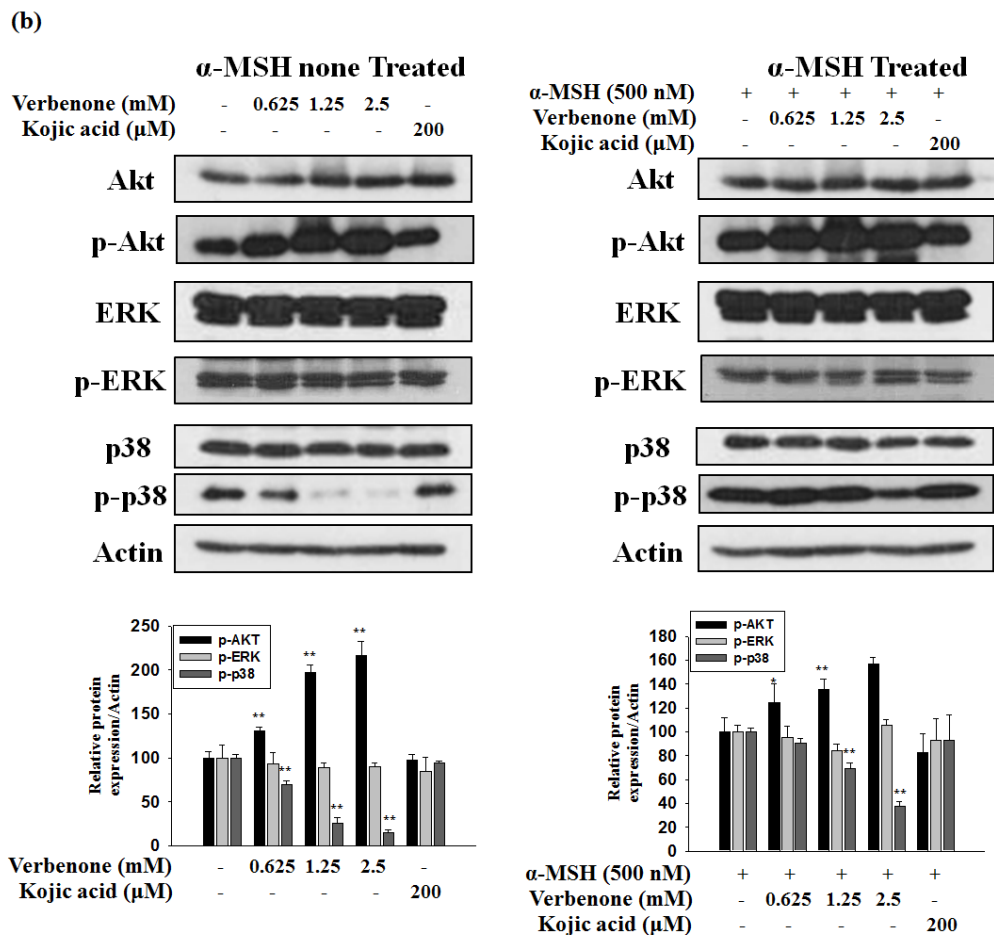
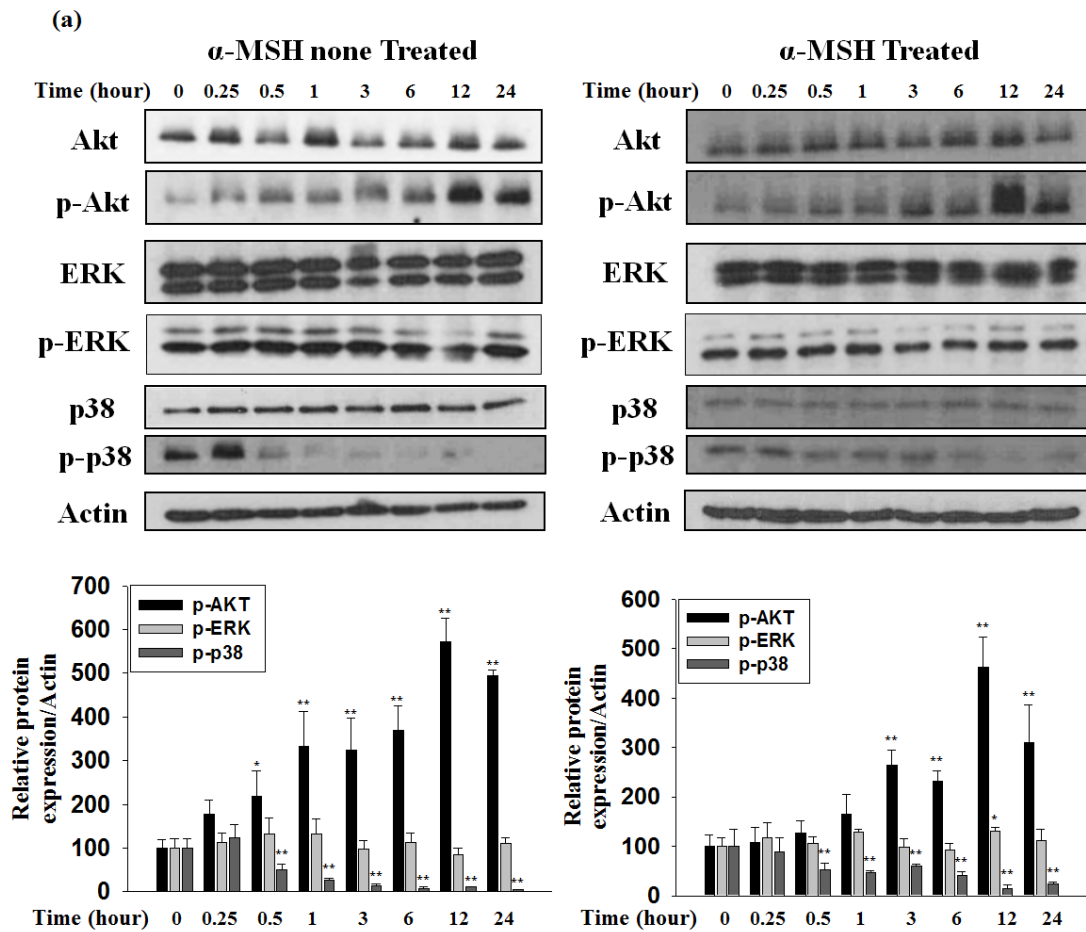


**Figure 6. Effects of verbenone on melanogenic mRNA expressions level in B16F10 cells.**

B16F10 cells were treated presence of verbenone (2.5 mM) or kojic acid (200  $\mu$ M) and/or  $\alpha$ -MSH (500 nM) for 72 h. The expression levels of the tyrosinase, TRP-1, TRP-2 and MITF mRNA were determined by RT-PCR analysis, respectively. The data represent at least three independent experiments. Relative density ratios of each mRNA over GAPDH, respectively, are shown.

### 3.7. Effect of verbenone on phosphorylation of p38, ERK and Akt in B16F10 cells

Recently, the MAPKs and the Akt intracellular signal kinase family have been reported to play an important role in melanogenesis (58). We therefore investigated the effect of verbenone on phosphate Akt, ERK and p38 MAPK in an attempt to further elucidate the molecular mechanisms. As shown in Fig. 7a, the phospho-p38 MAPK was significantly reduced after 12 min of verbenone treatment. On the other hand, phospho-Akt was significantly enhanced at after 12 hr, whereas no effect was observed for phospho-ERK. As shown in Fig. 7b, phospho-p38 MAPK was significantly reduced 0.625 mM or more of verbenone treat. On the other hand, phospho-Akt was enhanced by concentration dependent, whereas no effect was observed for phospho-ERK. In addition, verbenone treatment did not seem to significantly alter the expression levels of total p38 MAPK, ERK, and Akt. Values are the mean  $\pm$ SD of three independent experiments. \* $P$ <0.05, \*\* $P$ <0.01, compared to the control.



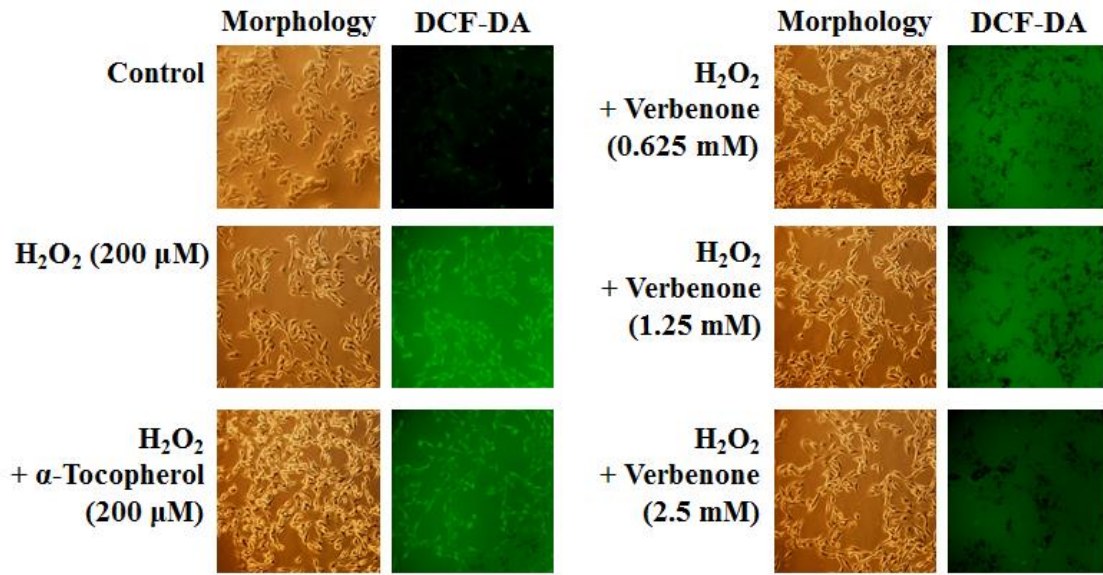
**Figure 7. Verbenone induces activation of Akt or inactivation of p38, but not of ERK**

B16F10 cells were treated with 2.5 mM of verbenone and/or 500 nM of  $\alpha$ -MSH and for the indicated time. Whole cell lysates were then subjected to western blot analysis using antibodies against concentration-dependent manner (a) and time-dependent (b) of Akt, p-Akt, ERK, p-ERK, p38 and p-p38. Equal protein loading was confirmed using an anti-actin antibody. Values are the mean  $\pm$ SD of three independent experiments. \* $P$ <0.05, \*\* $P$ <0.01, compared to the control.

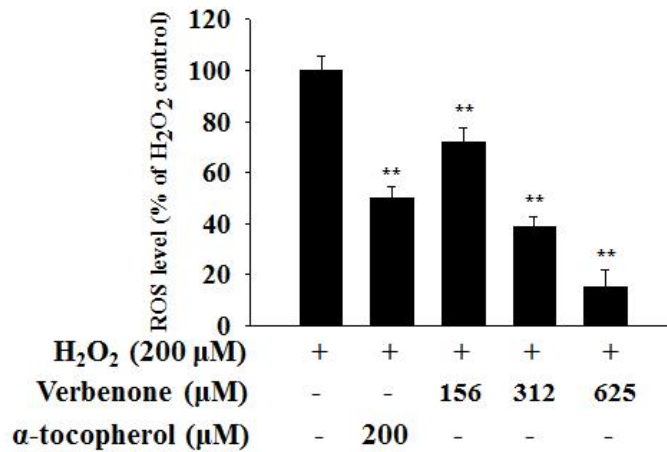
### **3.8. Effect of verbenone on intracellular ROS Generation**

Direct evaluation of intracellular ROS levels is a very good indication of the oxidative damage to living cells (59). The formation of intracellular ROS was measured in FACS of fluorescence by DCF. As shown in Fig 8b, increased ROS generation in cultured B16F10 cells submitted to an oxidative stress by H<sub>2</sub>O<sub>2</sub> (200 μM) was completely inhibited by pre-treatment with 0-2.5 mM of verbenone for 1 h. These results suggest that verbenone strongly inhibits the generation of ROS induced by H<sub>2</sub>O<sub>2</sub> in cultured B16F10 cells.

(a)



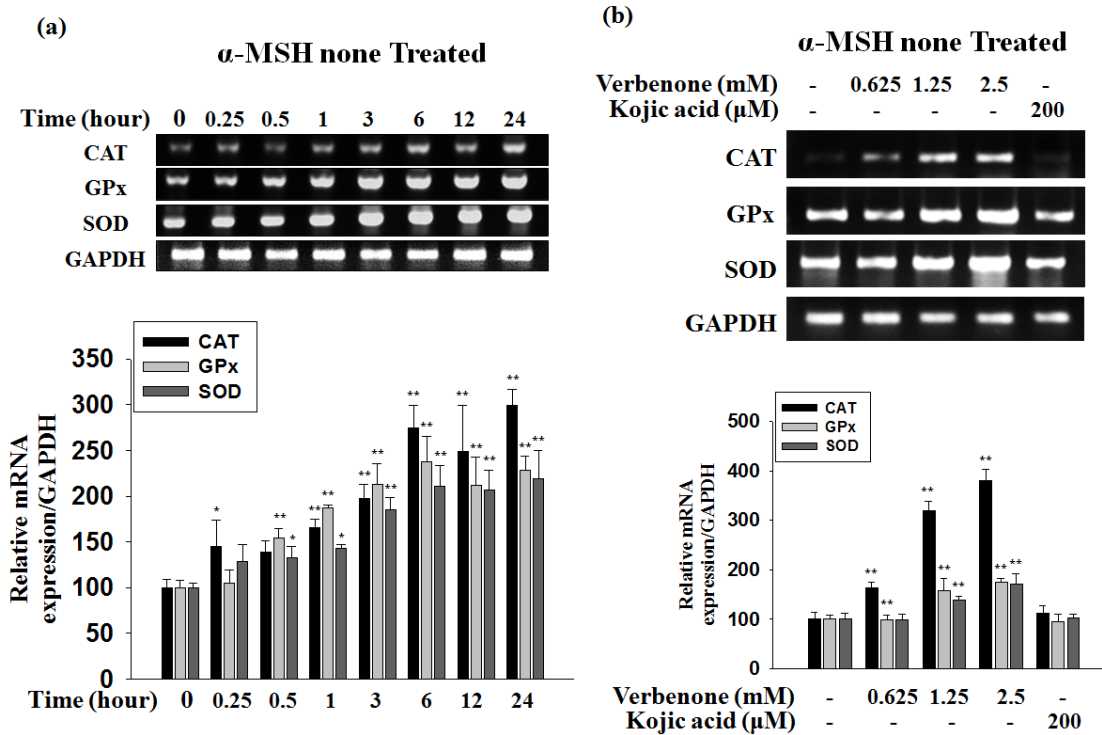
(b)



**Figure 8. Verbenone on the ROS level decrease effect in B16F10 cell.** Effect of verbenone on the ROS level in B16F10 cells. Cells were incubated with 0-2.5 mM verbenone for 1 h before the addition of H<sub>2</sub>O<sub>2</sub> (200 μM, 4 h) and then the ROS level was measured by fluorescent probe DCFH-DA staining using fluorescence microscope (a) and FACS (b). Values are the mean ± SD of three independent experiments. \**P*<0.05, \*\**P*<0.01, compared to the control.

### **3.9. Effect of verbenone on the level of antioxidant enzyme mRNA in B16F10 cells**

As a counterpart to ROS-generating enzymes, several anti-oxidative enzymes are involved to preserve the balance of ROS availability within vascular cells. And we also the antioxidant enzyme mRNA level was measured in RT-PCR (Fig. 9). The Fig. 8 showed that the transcription level of the CAT, GPx, SOD gene was time-dependent and concentration dependent increased in the B16F10 cells.



**Figure 9. Verbenone on the antioxidant enzyme expression level in B16F10 cells.** Effect of verbenone on mRNA expressions of CAT, GPx and SOD in B16F10 cells. On concentration-dependent manner (a) and time-dependent (b) total cellular mRNA was extracted and subjected to RT-PCR. CAT, GPx and SOD mRNA levels were quantified and normalized with GAPDH. Values are the mean  $\pm$  SD of three independent experiments. \* $P$ <0.05, \*\* $P$ <0.01, compared to the control.



## 4. Discussion

Verbenone, an active compound present in *Rosmarinus officinalis* L. extract Recent studies have revealed that Verbenone possesses antioxidant activities(51) anti-inflammatory(60) and Antibacterial activity(61). However, despite many published results, the effect of verbenone on melanogenesis has not been reported. In the present study, we investigated the effect of verbenone on melanin synthesis and the molecular mechanism involved in the process in B16F10 mouse melanoma cells.

First, we showed that verbenone inhibited melanin synthesis in a concentration-dependent manner without cytotoxicity (0-2.5 mM) in B16F10 cells and that the extent of inhibition was comparable between treatment with verbenone and with kojic acid (200  $\mu$ M). Second, because tyrosinase is the key enzyme involved in melanogenesis(62, 63) we measured the effect of verbenone on tyrosinase activity. Interestingly, we found that verbenone decreased tyrosinase activity in B16F10 cells, but it did not affect mushroom tyrosinase activity in a cell-free assay system.

MITF plays a critical role in melanogenesis, as the major transcriptional regulator of tyrosinase (64-66). Decreased MITF gene expression is known to lead to the downregulation of melanocyte differentiation markers (67). Our results show that the activation of Akt and inactivation of p38 after verbenone treatment is correlated with the phosphorylation and degradation of MITF. In accordance with reduced MITF, tyrosinase and TRP-1 protein were also reduced.

The ERK pathway regulates cell proliferation and differentiation in many types of cells(68, 69). This pathway is also involved in the regulation of melanin synthesis. It has been reported that activation of MEK/ERK leads to phosphorylation of MITF at serine 73, resulting in its degradation(70, 71).The Akt pathway plays an important role in cell growth regulation and apoptosis inhibition(72, 73). In addition, activation of the Akt pathway reduces tyrosinase transcription and melanogenesis in B16F10 cells(74, 75). So far, many natural and synthetic agents have been found to inhibit melanogenesis in B16F10 cells through activation of the ERK and/or the Akt pathways. For example, baicalein, cimicifuga heracleifolia, and KHG22394 (a synthesized chemical) were found to decrease melanin synthesis by activating

ERK or Akt(76-78). On the other hand, phosphorylation of p38 can activate MITF, which may transcriptionally regulate the expression of tyrosinase, tyrosinase-related protein 1 (TRP-1), and tyrosinase-related protein 2 (TRP-2), thus inducing melanin production (79). Therefore, we are interested in the effects of verbenone on Akt, ERK and p38 activities. We found that verbenone induced Akt and reduced p38, but not ERK activation. Moreover, the suppressive effect of verbenone on melanin synthesis was diminished by a prior inhibition of the Akt and reduced-p38 pathway. These results suggest that Akt activation and p38 inactivation by verbenone plays an important role in the compound's anti-melanogenic effect in B16F10 cells.

Besides increasing pigmentation,  $\alpha$ -MSH reduces UV-induced oxidative DNA damage by inhibiting the generation of hydrogen peroxide and enhances the repair of DNA photoproducts (80,81)Activation of MC1R up-regulates the expression of DNA repair genes (82). UVR also up-regulates the expression of  $\alpha$ -MSH receptors, amplifying the melanogenic effect of exogenous  $\alpha$ -MSH in a dose-dependent manner in vivo and in cell culture systems (83). UVA-mediated augmentation of melanogenesis was correlated to depletion of SOD and catalase activities and GSH content as well as aggravation of ROS production in lightly pigmented melanocytes (82, 84). On the other hand, promotion of antioxidant defenses such as GSH level and GPx activity and decrease in ROS/ RNS formation have been found to associate with reduction of melanogenesis by inhibiting tyrosinase activity in cultured melanoma cells and human melanocytes (85, 86). SOD, Cat and GPx is the key enzyme involved in antioxidant we measured the effect of verbenone on SOD, Cat, GPx mRNA level. Interestingly, we found that verbenone increased mRNA level of SOD, Cat and GPx in B16F10 cells

In conclusion, verbenone might inhibit the melanogenesis-related signal pathways, including the inhibition of TRP-1,TRP-2, tyrosinase, MITF signaling and/or activation of Akt signaling or inhibition p38 MAPK signaling. And we found that verbenone increased mRNA level of SOD, Cat and GPx in B16F10 cells In addition, cytotoxicity was not observed up to 2.5 mM concentration(Fig. 1 a). Hence, verbenone can be may contribute used safely to make hypopigmenting agents. In addition, verbenone can to the hypopigmenting effect, if it is used with another hypopigmenting agent which acts with a different mechanism.

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## ABSTRACT IN KOREAN

Verbenone 은 로즈마리(*Rosmarinus officinalis* L.) hydrosol 추출물의 메인 활성화합물이다. 본 연구에서 우리는 verbenone 이 B16F10 세포에서의 melanin synthesis 에 관여하는 분자 메커니즘에 대해 밝혀내었다. 2.5 mM 의 verbenone 을 처리한 B16F10 세포에서 melanin content 와 intracellular tyrosinase activity 를 긍정적 대조군으로 사용한 kojic acid 에 비해 현저하게 저해하는 현상을 확인하였으며, 반대로 mushroom tyrosinase activity 는 감소하지 않는 것을 확인하였다. 이를 통하여 verbenone 의 anti-melanogenesis 는 tyrosinase 의 효소활성을 직접적으로 저해하는 것이 아니라는 것을 알 수 있었다. 또한 western blot 과 RT-PCR 을 통해 MITF 와 TRP-1, TRP-2, Tyrosinase 의 단백질과 mRNA 수준의 변화를 관찰한 결과 모든 melanogenesis 관련 단백질의 수준을 억제하며, mRNA level 에서 다른 melanogenic mRNA 의 수준은 농도의존적으로 감소 시키나, MITF 의 mRNA 수준은 변화되지 않는 것을 확인하였다. 이를 통해 verbenone 이 MITF 의 degradation 을 통하여 anti-melanogenic effect 를 나타내는 것을 알 수 있었다. 또한 상위 signaling pathway 를 확인하기 위해 Akt, ERK, p38 의 phosphor-form 의 변화를 관찰하였다. 이를 통해 p38 의 감소와 AKT 의 증가를 통해 anti-melanogenic effect 를 나타내는 것을 확인하였다. 또한, H<sub>2</sub>O<sub>2</sub> 에 의해 증가한 ROS 수준의 감소와 antioxidant enzyme 의 mRNA 수준의 감소를 나타내는 것을 통해 항산화능 역시 확인하였다. 따라서 verbenone 은 미백과 항산화 관련 화장품과 색소 침착 등의 치료에 유용한 화합물이 될 것이다.

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정말 감사합니다.